

Week 6: Put Off to Put On

Memory Verse: .. throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God - truly righteous and holy.
- Ephesians 4:22-24

Reading: Ephesians 4:17-32 and answer the following questions before meeting with your small group.

A. Breaking It Down:

1. How were Ephesian believers instructed not to live as Gentiles? (v.17-19)
2. In what way does God want Christians to change? (v. 22-24)
3. How should new Christians stop living and begin living? (v. 22-24)
4. What should we keep in mind about lying, anger, and stealing? (v. 25-28)
5. How should believers speak to one another? (v. 29)
6. How can the Holy Spirit be hurt? (v. 29-30)
7. What 5 vices are believers to get rid of? (v.31)
8. What commands did Paul give the Ephesians? (v. 32)

B. Digging Deeper: These questions are for you to ponder before meeting with your small group. You may write down your answers or simply begin to use these questions to evaluate your personal walk with Christ.

1. What old habits do you need to shed? What old habits have you gotten rid of?
2. How do you see the new nature taking hold in your life?
3. What evidence do you see that your life is controlled by the Holy Spirit?
4. Which of the commands in v. 25-32 have you felt God urging you to obey?
5. How do these instructions show the importance of healthy communication in promoting unity?
6. How are your attitudes affecting the way you live?